



Community Wellbeing Hub

Bath and North East Somerset

Community Wellbeing Hub

Do you or someone you are caring for need support?

We can connect you to a range of health, wellbeing and support services tailored to your needs.

Get in touch today

Phone: 0300 247 0050

Website: <https://communitywellbeinghub.co.uk>



Who do we support?

Our support is available to all residents across Bath and North East Somerset. We support individuals, families and carers too.

How does it work?

We reduce the number of calls you need to make. One contact to the Hub can connect you to multiple services delivered by our partners. We are a central point of access to a range of health and wellbeing services. You can find out more about our partners on our website or give us a call.

Simple steps to get support?

We know that asking for help can be the biggest barrier when people are feeling vulnerable and isolated. We try and make it as easy as possible to get the help needed.

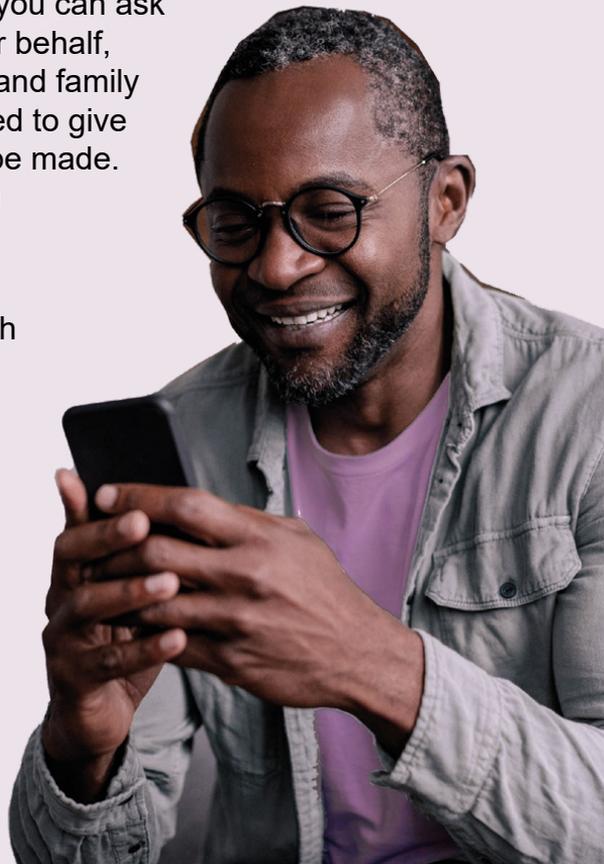
You can contact us directly or you can ask someone to contact us on your behalf, including contact from friends and family and professionals. You will need to give consent before a referral can be made. Give our Triage Team a call on

0300 247 0050

You can also use our online resource, Livewell Bath & North East Somerset that offers information and signposting for families, children and young people with additional needs and adults needing care or support.

Find out more:

livewell.bathnes.gov.uk



Things we can help with

Accessing food - supporting you and your family to access food.

Digital inclusion - empowering you to improve digital skills and to access online tools.

Employment, skills and volunteering - supporting you to increase your skills and employability.

Energy advice and support - helping you stay warm, manage energy costs, and maintain a healthy home environment.

Family and friends - supporting families including those who are carers with information, advice and emotional support.

Getting around - advice and practical support to help you get out and about.

Healthy lifestyles - helping you to improve your lifestyle choices.

Home from hospital - supporting you and your family when you return home from hospital.

Housing advice and options - helping you if you have difficulties with, or need advice about, housing and available options.

Managing at home - support and advice to assist you to stay in your own home.

Mental health support - practical support and advice to help you manage your mental health

Money matters - short-term financial help, debt management and benefits advice.

Physical activities - helping you to increase your physical activities.

Specialist support for health conditions - offering specialist support to you and your family if you have a serious health condition.

Support groups and wellbeing activities - promoting connection and wellbeing through social groups, activities and specialist support.

Young people - providing young people with emotional support, advocacy, peer connections and resources to improve their wellbeing and navigate life's challenges.

How do we work together?

We work as a team to support you in the best way we can, especially if you have more than one issue to deal with. You may hear from different partners offering different services, and you can opt out at any time.

You may be contacted by a number of partners who are delivering different services. You can opt out at any time.

“

I didn't realise that I was struggling with a few things until I had a lovely chat with a Village Agent. That has made a big difference - thank you so much.

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Call us today and we can help connect you to the support you need.

Phone: 0300 247 0050 or contact us via our website

<https://communitywellbeinghub.co.uk>

In partnership with

